

Parents: no need to worry!

Other parents' experience

**Children
and contact lenses...**

CHILDREN TAKE VERY GOOD CARE OF THEIR LENSES!

They handle them with disconcerting ease! Daily maintenance is simplified with MeniCare Plus multipurpose solution and it's a good way to make them responsible for their own actions. Learning how to check the condition of their eyes and lenses quickly becomes a reflex.

Visit www.menigame.com, the educational lens site created for children.

SAFE, CONTINUOUS LENS WEAR.

Wearing contact lenses over a weekend, during holidays or after long evenings during adolescence is a safe option with Z ultra-permeable lenses. Ask your contact lens specialist for advice.

YES TO SPORT WITH CONTACT LENSES.

Your child can engage in his or her favourite sport, moving freely and with perfect vision, thereby enhancing his or her performance. With the exception of aquatic and/or combat sports (because there is a risk of losing the lenses) and indoor riding schools (due to the dust).

COMPUTER, TELEVISION AND VIDEO GAMES...

Z material lenses do not dehydrate; there is no risk of them being deformed and so favour long-term tolerance.



Lucie gets on with her life and, at 8 years old, she looks after her Menicon Z lenses herself. She removes them every evening before her bath and cleans them with MeniCare Plus solution. It's as easy for her as brushing her teeth! Once a week I just have to remind her to do what she calls her "big clean" with Menicon Progent. For practical reasons, when she stays the night at a friend's house, the eye care specialist has told her she can sleep with her lenses.

My son began to wear lenses when he was 11 and had a myopia level of -3.50 D. Now an adolescent, he divides his time between his computer, his drum kit and his pals... From the very outset, he was responsible for handling his lenses (using clean hands and always cleaning his lenses when he removes them).

YES TO LENSES FOR YOUR CHILD!

Speak to your eye care specialist

For more information: www.menicon.com



I say Yes to lenses!

**TO BE READ
BY PARENTS**



For your child, safer lenses with Pack Z Junior

Depending on their age and eyesight

Ultra-permeable Z material

First contact lens reflex

BEFORE PRIMARY SCHOOL, PRIORITY TO VISUAL DEVELOPMENT.

At a very young age, it is **the medical indications** that guide the choice of what is best for your child. Lenses will be prescribed by your eye specialist or optician in the case of congenital or traumatic cataracts. **From age 3 to 6**, they will be preferred to glasses to help your child's visual development in very specific cases (for example, if there is a considerable difference between both eyes or for a major or progressive defect). Your involvement on a daily basis will be important but rewarding for your child's development.



AUTONOMY AND PERSONAL DEVELOPMENT IN VARIED ACTIVITIES.

From the age of 8, it is often your child who will bring up the possibility of wearing lenses, **because appearances are important** and also to have **freedom in sporting activities**. Whether your child is short-sighted, far-sighted and/or astigmatic, lenses will let them be just as comfortable in the classroom as in the playground and develop their personality. Their field of vision is expanded and not limited by frames.

Moving up to secondary school is an important step corresponding to a frequent request to try out lenses by pre-adolescents who want to benefit from trouble-free vision.

Perhaps you do not yet wear lenses yourself? There are several types of lenses: soft and GP lenses which are permeable to oxygen.

From 0 to 16 years old, **Menicon Z ultra-permeable lenses** are recommended as first-line treatment to ensure the **best possible quality of vision** while ensuring **ocular health**.



Compared to soft contact lenses

- **Menicon Z ultra-permeable contact lenses** allow your child's eyes to breathe more easily, even if they are worn both day and night (up to 30 days at a stretch). More compact, they are made from an ultra-permeable material that allows tears to freely circulate under the lens.
- The risks of allergy or infection are reduced to a minimum (any such incidents will be felt as an alarm signal, in which case the lenses should be removed immediately).
- Unrivalled vision for the short sighted, far-sighted and/or astigmatics.
- The results observed in halting the progression of short-sightedness in children who wear oxygen permeable rigid lenses are explained in particular by the quality of the retinal image.



Composition of the Pack Z Junior

- A pair of Z material contact lenses.
- A 250 ml bottle of MeniCare Plus Solution + case.
- A 50 ml schoolbag pocket flask.
- A Menicon Progent 5 treatment box + case.
- An educative Meni-book for children...

Safety

first

A THREE-WAY AGREEMENT BETWEEN YOU, YOUR EYE CARE SPECIALIST AND YOUR CHILD.

The type of lens geometry and when the lenses should be worn will be determined by your eye care specialist when your child tries out his or her lenses. From the moment he or she agrees to wear lenses, your child will get used to them very quickly: your contact lens specialist will clearly explain the practical aspects of wearing lenses and the simple handling and upkeep that is needed on a daily basis. Your involvement is important to ensure follow-up appointments and the annual renewal dates for the lenses are not missed.